

# Healthcare for refugees and asylum seekers : The role of community nursing



# Introduction

- Who am I
- Why I had to flee?
- Quick experience of exile in the UK?
- I have cofounded the Survivors Speak OUT(SSO)?
- Who is SSO?
- What we do?

 **@SSOonline @haoussou @freefromtorture**

# Challenges faced by survivors in healthcare services?



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# Question to the audience:

I wonder if perhaps one or two of you here are able to share your learning from your work about some of the challenges faced by torture survivors in the healthcare services?



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# Challenges faced by survivors in healthcare services

- Shame and stigma issues.
- Trust issues.
- Complexity of health care needs.
- Flashback of torture
- Gender dynamic
- Cultural issues
- Practical issues : Such as Language, privacy and childcare



# Approaches to facilitate easy engagement

- Independency of NHS
- Remember that trust can be build only with time
- Maintaining the same nurse in different session
- Address language barriers
- Create a safe and private space



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# Question and Answer



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# What you can do



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