

# QNI NEWS



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It is an absolute pleasure to be introducing QNI News in our anniversary year. 2017 brings a celebration of our heritage and our achievements over the last 130 years – and confirmation that our work is as relevant today as when we were founded by William Rathbone and others in 1887.

The QNI continues to focus on improving and enhancing the care of people in their homes and communities and in this issue you'll see that we will be working on this in a variety of ways this year.

Our work on new voluntary standards of education and practice for General Practice Nurses will complete this year – and we have a four country consensus on the role of the senior GPN in the changing landscape of primary care. We have partnered with our sister organisation QNI Scotland for this work and it has been a joy to work with our Scottish colleagues in such a critical and fast-changing area of the nursing profession.

Our Queen's Nurse community is growing, with more than 1100 QNs who are ambassadors for best practice, learning, leadership and innovation in community and primary care. 2017 will see another 130 QNs join the family.

We also share our anniversary with the National Garden Scheme, which supports all our work with Queen's Nurses. The National Garden Scheme celebrates its 90th anniversary this year, having been created as the fund raising arm of the QNI in 1927. Please visit an open garden in 2017 and let the garden owner know you are there both to enjoy their garden and to support the QNI.

We are planning some special opportunities for our Queen's Nurses and others to celebrate our shared heritage, so do please see our new website for more information on the year ahead!

Dr Crystal Oldman

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### Staff news

- We recently welcomed a new trustee of the charity, Jenni Middleton, the editor of Nursing Times. She became editor in 2010 and was appointed a trustee in November 2016 for her expertise in health sector communications.
- We were delighted to welcome Sharon Aldridge-Bent QN as a Manager for our Community Nursing Leaders Programme. Sharon will be responsible for managing a new leadership development programme for Queen's Nurses in England, Wales and Northern Ireland. The Future Community Leaders programme will be available to experienced Queen's Nurses who have the potential to secure a senior board level position in the next 3-5 years.
- We were sad to say goodbye to Chloe McCallum, the QNI's Policy Officer, who goes on to pastures new in the civil service. We wish her well and hopes that she will

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### Dates for your diary

#### All QN Meeting

Friday 31 March, RCGP, London

The annual conference for Queen's Nurses only. This is an opportunity to network with other QNs in your area of clinical specialism; to hear about changes in national policy, QNI strategy, activities, and new opportunities. To find out more or to book your place, please contact Farida Barlas at [farida.barlas@qni.org.uk](mailto:farida.barlas@qni.org.uk).

#### QNI Communications Manager opens his garden for the NGS

Sunday 11 June, London

<http://tinyurl.com/ht7xy4d>

#### QNI Conference

25 - 26 September, RCGP, London

Our annual conference will be a 2 day conference for the second year running. Themes and speakers to be announced shortly. For more information, please see our website [www.qni.org.uk](http://www.qni.org.uk).

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## QNI launches new website



navigation – fully responsive for mobile, tablet and desk top users – to enable users to access the information they want quickly and intuitively.

Matthew Bradby, the QNI's Marketing and Communications Manager said, 'The new website is designed for all nurses working in the community. We think you will find it easier to find the big range of digital resources that the QNI offers.

We welcome feedback, so please let us know if you like the new website and what you think could be added to make it even better.'

We have recently launched our new website to coincide with our 130th anniversary.

Please send any feedback to [matthew.bradby@qni.org.uk](mailto:matthew.bradby@qni.org.uk).

The website was developed after extensive consultation with community nurses and features a new and efficient

To visit the website, please go to [www.qni.org.uk](http://www.qni.org.uk).

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## QNI celebrates gift from The Patron's Fund

The QNI is celebrating after receiving a £2,500 gift from The Patron's Fund, the charitable fund set up to acknowledge the work of the charitable organisations for which Her Majesty The Queen acts as Patron, on the occasion of her 90th birthday.

Around £750,000 has been made available to distribute between nearly 300 charities and other organisations in the UK and the Commonwealth. The Fund received generous donations from a range of supporters including individual donors, businesses, schools, community groups and the proceeds from The Patron's Lunch, the event held on the Mall last June.

The QNI celebrates its 130th anniversary this year. The charity was originally established with funds raised for Queen Victoria's Golden Jubilee in 1887 to set educational standards and to deliver the training for nurses working in people's homes and communities. Today it continues to create standards for education and practice and to influence policy as well as providing a wide range of support to nurses working in community and primary care who deliver high quality care to patients, families and carers in England, Wales and Northern Ireland.

Dr Crystal Oldman, Chief Executive of the QNI said: 'We are absolutely delighted to receive this donation from the Patron's Fund. We are using the donation for a very special

purpose – bringing together working and retired Queen's Nurses for a day of celebration at the Queen's garden at Frogmore. Her Majesty is generously opening Frogmore to the public as part of the National Garden Scheme, a charity with whom the QNI has a valued and shared heritage, and it is a fitting venue for generations of nurses to come together, to recognise the long careers of service of our retired nurses, and inspiring the next generation.'

Sir Stuart Etherington, Chair of The Board of Trustees for The Patron's Fund, said: 'The Patron's Fund is very pleased to be able to support the Queen's Nursing Institute with its valuable work. The QNI is among hundreds of organisations for which The Queen acts as a Patron, which between them make a difference to causes and communities in the UK and throughout the Commonwealth.'

For more information about the QNI, comments or photographs of the event, please contact: Matthew Bradby, Communications Manager at: [matthew.bradby@qni.org.uk](mailto:matthew.bradby@qni.org.uk) or 020 7549 1400.

For further information about The Patron's Fund (Registered Charity No.1164171) email: [info@thepatronsfund.org.uk](mailto:info@thepatronsfund.org.uk) or visit [www.thepatronsfund.org.uk](http://www.thepatronsfund.org.uk) .

## Autumn Awards Ceremony



**Goodeve-Docker Memorial Prize**  
The Philip Goodeve-Docker Memorial Prize was presented to Brendan Garry (below left) of London Southbank University for outstanding achievement on the District Nursing programme. The Memorial Prize was established in memory of a young man who chose to raise funds for the QNI while trekking across Greenland, but who tragically lost his life in the attempt.

The prize is now awarded to the top performing student on a District Nursing programme at every university in England, Wales and Northern Ireland, each year. The Prize was presented by Mr Nigel Goodeve-Docker, Philip's father, who spoke about the experience of his son and his admiration for the work of the QNI and of community nurses.



### Queen's Nurses

Dr Crystal Oldman, QNI Chief Executive, then welcomed the new Queen's Nurses to the QNI.

111 Queen's Nurses received their badges and certificates from Professor Viv Bennett, Chief Nurse at Public Health England and a Fellow of the QNI. Professor Bennett praised

The QNI's Autumn Awards Ceremony was held at the Royal Garden Hotel in London on Monday 14 November 2016.

Photographs of the event can be seen here: <https://goo.gl/photos/v1HWkxbrAh2FgV6A8>

Kate Billingham CBE, Chair of the QNI's Council, opened the event and commented, 'This is always a very special event for the QNI, a chance to recognise and celebrate achievements in community nursing. It is good to be reminded of the dedication, the passion and the skills of nurses working in the community.' Kate welcomed four new Fellows of the QNI: Professor Alison Leary; Angela McLernon; Professor Laura Serrant and Professor Jean White.

the Queen's Nurses for their dedication and excellence in practice, which serves as a role model to others and shows how vital community nursing is to the health of everyone in our society.

George Plumptre, above, the Chief Executive of the National Garden Scheme (NGS), also gave a brief address. The NGS has been the largest funder of the QNI, since it was established by the QNI in 1927. Today it raises over £3m a year for nursing and caring charities by opening around 4000 gardens to the public. The money that the QNI receives from the NGS goes directly to supporting the Queen's Nurse network, which now numbers over 1000 nurses working in the community and primary care.

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## Queen's Nurse News

- Lisa Webster, Senior School Nurse (Specialist Community Public Health Nurse) in the North West, was awarded the Mary Poppins Award at the NHS Fab Stuff awards ceremony for the BE HAPPY tool she developed to help promote positive mental health and resilience for children and young people. This was the only award chosen by a group of children and young people.
- Dr Melanie Rogers, Course Leader at the University of Huddersfield, has become the first UK expert in the field to lead the Nurse Practitioner/Advanced Practice Nurse Network of the International Council of Nurses. To find out more please visit <https://www.hud.ac.uk/news/2016/october/topjobforhuddersfieldsadvancednursepractitioner.php>
- Stuart Hayward has recently been awarded a 3rd bar to the Volunteer Reserve Services Medal (VRSM). The Volunteer Reserve Services Medal is awarded to Volunteer Reservists (the Reserve element of each branch of the armed forces) for 10 years' qualifying service, and a clasp for each further 5 years. Stuart has been a Commissioned Officer in the Queen Alexandra's Royal Army Nursing Corps since he qualified as an RMN in 1999, and has served in Kuwait and Iraq.
- Liz Alderton, District Nurse, Specialist Community Practice Teacher in Harold Hill was interviewed by Joan Bakewell for the BBC programme 'We need to talk about death'. <http://www.bbc.co.uk/programmes/b084ys5v>
- Revd. Dr. Helen Wordsworth has published a peer reviewed article in the commentary section of the Christian Journal for Global Health. "An educational model for preparing Christian nurses and church congregations to offer local whole-person health programmes." <http://journal.cjgh.org/index.php/cjgh>
- Keith Sykes, earlier this year Keith was elected as a Public Governor representing South Yorkshire and East Midlands with Nottinghamshire NHS Foundation Trust, his area of special interest is CAMHS. Keith has also qualified as a Community First Responder (volunteer role) and been on several call outs.
- Dr Candice Pellett OBE, Transition Project Manager, QNI has written an article on Discharge planning: best practice in transitions of care for the British Journal of Community Nursing. To read the article please visit <http://www.magonlinelibrary.com/doi/10.12968/bjcn.2016.21.11.542>
- Juliet Bale, Senior Nurse at DPHC Medical Centre in Kent, has recently conducted an interview to raise awareness of a drop in uptake in cervical cytology, to encourage British Forces Female personnel and dependents to make contact and attend for their cervical cytology. You can listen to the interview via the audio player by following this link <http://theqni.tumblr.com/post/154542754051/juliet-bale-rna-dip-bsc-ucpd-fn-dip-trop>
- Su Chantry, Occupational Health Nurse in South Central, talked to Nursing Times about her role. To see the article please visit <http://theqni.tumblr.com/post/155994162416/queens-nurse-su-chantry-talks-to-nursing-times>
- Pamela Shaw is a Health Visitor/Practice Educator in Yorkshire and Humber. She recently attended The Thirtieth Biennial Conference of The Caribbean Nurses Organisation in Antigua and Barbuda. Her report of the event can be found here <http://theqni.tumblr.com/post/155994276126/event-report-thirtieth-biennial-conference-of-the>

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## NGS Snowdrop Festival



Around 90 gardens will open their gates for the National Gardens Scheme (NGS) Snowdrop Festival during February, to mark the imminent change of season with their snowdrop displays.

Some of the gardens open have as many as 300 different varieties of snowdrops, whilst others have a mix of snowdrops, hellebores and other early spring flowers, all of which makes a visit to an NGS garden well worth the effort of being outdoors on a cold day.

To find out more, please go to [www.ngs.org.uk/gardens/snowdrop-festival.aspx](http://www.ngs.org.uk/gardens/snowdrop-festival.aspx)

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## QNI Staff Opens Garden to Charity

Matthew Bradby, The QNI's Communications and Marketing Manager is opening his garden (in London) for the NGS on Sunday 11 June 2017.

Described as a 'Diverse (S-facing) 40 metre plot with lawn dominated by large weeping willow. Fruit, herb and vegetable garden including large banana plant, grapevine, olive tree, climbing roses, box hedging, greenhouse and goldfish pond. Mainly organic and managed for nature, this is a very tranquil and welcoming garden. Home-made wine dependent on the success of the 2016 vintage.'

We look forward to seeing you there! <http://tinyurl.com/ht7xy4d>

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## QNI Projects IN ACTION

### A.D.a.M and Ev.E Care Pathway

Project team: Fiona LeBer, QN and Community Sister and Gilly Glendewar, Tissue Viability Nurse Specialist, Jersey, Channel Islands



'Michelle\* was a 46 year old lady with recurrent leg ulceration and cellulitis infections. She lived in complicated social circumstances; her 21 year old had a learning disability, her partner had only recently moved back in after a period of separation and her daughter was only 15. Michelle had a number of health problems: morbid obesity, asthma/respiratory problems, anxiety, depression, social isolation and several DVTs (Deep Vein Thrombosis).

Michelle was on the 'pending' list for bariatric surgery which could not be booked until the situation with her legs was resolved. Her left leg was treated first and measured at several key points, a wound assessment chart was completed and photographs taken for a baseline record and to allow accurate comparison of improvement/deterioration.

At the next visit we saw an immediate positive response clinically to the bandaging. Her first set of measurements showed an overall 18cm reduction in size at the set measuring points. Within 2 weeks the volume of exudates had dramatically reduced.

We progressed to both lower limbs having the bandages applied at Michelle's request. She was so pleased with the results she was seeing, that she felt her goals were now more achievable. Her ulcers had significantly improved. She had begun to socialise again, a friend was visiting weekly to play cards and her trip to the supermarket was more pleasurable due to less pain and her legs were no longer dripping as she walked around the shop.'

**'My legs have been uncomfortable and swollen for 20 years, and after 2 days in these bandages I can bend my knee and walk again!'** Patient

\* Name changed

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## Update on GPN Standards Project

The QNI has funded a project to review standards of education and practice for General Practice Nurses (GPNs).

Focus groups and interviews have been held with a range of stakeholders including GPNs, Practice Managers, GPs and GPN educators to gather information about what is needed to prepare senior GPNs for a changing role in practice that is likely to include working in federations, clusters or other new models of care.

So far the project has produced draft standards and these are currently being reviewed by three reference groups of GPNs, Practice Managers and GPs.

Once feedback has been received the draft standards will be subject to a much wider consultation probably via an online tool such as survey monkey before being published in late spring/early summer.

If you are interested in taking part in the wider consultation please contact the project manager Mary Saunders via email: [mary.saunders@qni.org.uk](mailto:mary.saunders@qni.org.uk).

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## Can we help?

In 2016, we helped 159 community nurses who were experiencing financial difficulties for a variety of reasons. Mostly, they were going through periods of physical or mental illness, trying to escape domestic abuse, or experiencing other life crises, such as eviction, family health problems, marriage breakdown or bereavement.

If you or someone you know would benefit from this assistance, please contact Joanne Moorby on 020 7549 1405 or email [joanne.moorby@qni.org.uk](mailto:joanne.moorby@qni.org.uk). Alternatively, visit our website at [www.qni.org.uk](http://www.qni.org.uk).

## 'Tuberculosis and the District Nurse' By Geoff Hunt, 1952

Here is an example of an early public health initiative, written by one of the first male Queen's Nurses, Geoff Hunt. We were very sad to hear that Geoff died in September 2016.



'A few weeks back I was visiting my youngest daughter. We were just enjoying some civilised conversation with my daughter, son-in-law, grandson aged 18 and granddaughter aged 16. We got on to the subject of coffee breaks and I told them that when we worked out of Holland Park District Nursing Association, we were given two bob (2 shillings) at morning assembly to stop work mid-morning and have a cup of something hot to drink and perhaps a sticky bun. This was considered to be a 'three line whip'. "Why gramps?" asked granddaughter. "Oh," I replied airily, "it was to raise our blood sugar levels to protect us from the TB patients we had to visit after the break." Disbelief all round. So I explained what the situation was at the time. Those of you of a 'certain age' who were practicing District Nurses in the 1940s and 50s will

remember it well. Those who weren't – read on!

Sanatoria beds were full of cases of Pulmonary Tuberculosis and it was a major cause of death. Patients were sent home to our care and we all, I suppose, ran the risk of contracting the disease. Indeed, despite the crude barrier nursing techniques we employed, some of us actually did! I trained at Kensington DNA in the latter half of 1952. My 'patch' for the first 3 months was pretty well the whole of North Kensington and my daily caseload would typically have included 6 patients who needed Streptomycin ('Strep') injections. We were all exhorted to leave these till after 11 am when we had spent our 2 bob, and a gang of District Nurses used to descend on a café just off Ladbroke Grove.

In 1953 I moved to Eastbourne and carried on with half a dozen or more 'Streps' each day. By 1954 I had two daughters and when they went to school in the late 1950s, it was found that their Mantoux tests were strongly positive. It was clear that they had been receiving small doses of contact with the bacilli from my clothing, leading to what was effectively an immunisation! Interestingly enough, my other two daughters – born in 1959 and 1963 - had to have BCG immunisations at school when the time came. This, no doubt, because by the time the 1960s arrived, my contact with TB patients had almost disappeared and I no longer carried bacilli home with me. This was due to the fact that all over the country, District Nurses had been helping to eradicate TB by their injections - later assisted by the use of two powerful oral drugs - PAS and INH, both of which enabled lower doses of Streptomycin to be used. This was particularly beneficial for children, many of whom, in the early days, suffered permanent damage to the Auditory Nerve from the effects of high doses of Strep.

The point of this is to illustrate how we - jointly with our hospital based colleagues - instrumental in bringing about a sea change in the occurrence of Pulmonary Tuberculosis in Great Britain. The disease had almost reached epidemic proportions by the time we rolled up our sleeves, donned our gowns, put our bags on those sheets of newspaper, boiled our syringes and needles and slipped the 5 ml dose into the patient's rear end. Thousands of us, treating maybe four to eight patients each day. Nice to know we helped to change history in such a significant way, isn't it?"

## QNI celebrates 130th anniversary in 2017

The QNI celebrates its 130th anniversary this year.

We plan to host celebratory events throughout the year,

**Qni130 JUBILEE**

**Celebrating 130 years of community nursing**

**CALENDAR OF EVENTS 2017**

Month	Event
JAN	Transition to Homeless Health Resource
FEB	New website launch
MAR	30   Nightingale and Rathbone Event
APR	17   Homeless Health Event
MAY	Homeless Health Impact Report 2014-2017
JUN	Homeless Health Programme 2017-2021 Launch
JUL	30   NGS Festival Weekend
AUG	6   Frogmore Garden Opening
SEP	13   Homeless Health Event
OCT	QNI Heritage website launched
NOV	Dora Roylance Award Launch
DEC	30   Deadlines for Homeless Health Project Funding

**To find out more go to: [www.qni.org.uk](http://www.qni.org.uk)**

To find out more, please visit our website, [www.qni.org.uk](http://www.qni.org.uk).



The Queen's Nursing Institute  
Annual Conference 2017



## Healthcare in the Community

25 - 26 September 2017

Royal College of General Practitioners, London

## SAVE THE DATE!

All community nurses and allied health professionals are encouraged to attend.

Feedback from 2016 conference:

*'This was the best conference I've been to!'*

*'Thank you for a great two days; I came away feeling re-energised and motivated.'*

Check [www.qni.org.uk](http://www.qni.org.uk) for updates and email [mail@qni.org.uk](mailto:mail@qni.org.uk) with any queries.



### QNI contact details

1A Henrietta Place,  
London W1G 0LZ

020 7549 1400

[www.qni.org.uk](http://www.qni.org.uk)  
[mail@qni.org.uk](mailto:mail@qni.org.uk)

### QNI News as it happens - online



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