

# Transition of Care Project Newsletter

Issue 2 - Sept 2017

## Welcome



Welcome to our second newsletter to update you on what has been happening with our Transition of Care project since our first newsletter was published in April 2017.

This two year project, funded by the Burdett Trust for Nursing, will deliver a comprehensive programme to support community nurses to empower young people to transition smoothly between Children's Services and Adult Community Services. During the past year we have scoped the ideas and experiences of primary and community nurses and nurse educators, which enabled the development of an [online transition learning resource](#) launched in March 2017.



Young people at an activity afternoon

Feedback has been very positive from nurses and educators who have used the resource with comments that include:

- 'Perfect timing for a teaching session for the District Nursing students.'*
- 'Delighted this has come to fruition.'*
- 'A long overdue resource.'*
- 'Great to see this learning resource has been launched, it will be greatly used by all disciplines of clinicians.'*
- 'Workbook will be used as evidence to revalidate. Film is brilliant. Policy sections are so relevant and easy to locate and love the educators toolkits! Cross referencing within modules is a fantastic way to learn new knowledge over the three modules.'*

We plan to continue to work with specific groups of nurses and educators over the coming months, as they use the learning resource and embed the knowledge they have gained into their clinical and teaching practice.

The transition project team members continue to be invited to present the project and the learning resource to different audiences around the country. These visits include speaking to pre-registration nursing students studying in various universities, presenting at the Alderhey Children's Hospital Transition Conference, at specialist practitioner student sessions and also as a speaker on the transition panel at a 'Solutions over Breakfast' event in Manchester.

Hannah Philips continues to attend these events and speaks about her transition pathway from children's services to adult services. Hannah has recently written [a blog](#) about working with the QNI on the transition project.



## **QNI Transition of Care Conference**

### **RCGP, London, Friday 10th November, 2017**

We are holding our Transition of Care conference in London on Friday 10th November, 2017. The event will be free to attend but requires registration online on [Eventbrite](#).

Confirmed speakers include:

- Kath Evans, Head of Patient Experience - Maternity, Newborn, Children and Young People, Nursing Directorate, NHS England
- Nigel Mills, Transition Improvement Manager, Great Ormond Street Hospital
- Michelle Shore, Senior Paediatric Occupational Therapist, Walsall Healthcare NHS Trust
- Dr Su Madge, Consultant Nurse, Royal Brompton and Harefield NHS Foundation Trust and many more.

### **Call for poster presentations**

We are inviting poster entries from our Transition of Care conference delegates, to showcase and promote their work for young people's transition services. Entries are invited from nurses, nurse educators and allied health professionals working in the community, primary care or education setting (Universities) to promote any area of your practice that reflects the Transition of Care theme. Please find more information on how to submit your [application here](#). Deadline extended to Friday 13th October.

For more information go to our website [www.qni.org.uk](http://www.qni.org.uk), or email [candice.pellett@qni.org.uk](mailto:candice.pellett@qni.org.uk).

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## **Solutions over Breakfast Event, Manchester**

Transition is a make or break period and if managed correctly, it can empower young people to take greater ownership and management of their conditions. If managed incorrectly, or worse, not done at all, the transition period can see young people disengage and drop out of contact with the health system altogether, often with severe consequences for their physical and emotional health.

This recent discussion was held in Manchester on how to improve the transition for young people from children's services to adult health and care services. It was a really interesting discussion between an expert panel and a knowledgeable audience. Click on the link to find out more: [www.abbvie.co.uk/content/dam/abbviecorp/uk/docs/Solutions-over-breakfast-transitioning.pdf](http://www.abbvie.co.uk/content/dam/abbviecorp/uk/docs/Solutions-over-breakfast-transitioning.pdf)

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## **'Paediatric Transition Services in Line with NICE Guidelines'**

### **16th November, 2017, Cambridge**

Queen's Nurses, Candice Pellett and Carrie James will be presenting at the above event. The topic for the presentation is improving engagement and communication in transition for young people.

This conference will take place on Thursday 16th November, the Hilton Hotel, Cambridge. For further information please see <http://www.sbk-healthcare.co.uk/home/title/2256/nhsconfer>

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## **RCNi Awards 2017**

Carrie James, a QN who works as a Case Manager specialising in Transition, was one of five to be shortlisted in the Child Health Award Category, identified for her work in Transition with Young People and developing a workforce to better meet the needs of her Caseload. Carrie was a runner up in the competition, which was an impressive achievement.

The winner announced on the night was Drew McDonald from NHS Grampian, who developed a tool for identifying sepsis in children.

## Report on 'Caring for the Young Adult in Transition' Conference

Woking and Sam Beare Hospices hosted a one day conference in July 2017, entitled 'Caring for the Young Adult in Transition'. In collaboration with children's Hospice, Shooting Star Chase, three other local adult hospices in the area and Surrey County Council, we offered a full programme of sessions focusing on the challenges and practicalities of Transition care.

The presentations explored the challenges and practicalities of providing care for young adults transferring from children's to adults' services including funding issues, the role of social care and employment services. Two speakers, both with Duchenne Muscular Dystrophy, shared their personal experiences and perspectives of how we can better understand the needs of young people and their families living with life-limiting conditions. An afternoon workshop, facilitated by the Hospices' practice education teams gave delegates the opportunity to discuss and share ideas on how to create effective partnerships in practice to improve services.

Feedback on the day was extremely positive, highlighting the benefit that joint working can bring. Evaluation comments included:

*'Thank you for providing an informative event [the most valuable part of the day] was sharing of knowledge and networking which brought greater understanding of roles and remits of other services and professionals.'*

*'Attending the conference has brought clarity to my knowledge and gave great insight into how different outcomes in transition can have lasting effects.'*

Another statement simply said, *'Get started. Do something. Communicate.'*

Clare Lawrance, Practice Development Sister at Woking Hospice, said that this summed up the day perfectly! *'The conference opened up the channels of communication between a wide range of organisations. Although we're all involved in some aspect of care provision we had perhaps not always been as aware of each other's role and responsibilities. We now have the opportunity to work together closely to provide services that meet, and hopefully exceed, the expectations of young adults and their families.'*

The Hospices will continue to work together and are planning a series of joint workshops for 2018 to further the sharing skills and knowledge.

### Next newsletter

Our next newsletter will be circulated during the winter months. Please continue to let us know about the work you are doing to support young people in your service and how you are using the online transition learning resource to enhance practice in the clinical and educational settings.

Please submit ideas and articles by 30th November for inclusion in the winter Newsletter.

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