

How can contemporary nurses deliver
person centred care?

The Importance of Narrative in Nursing

Catherine Best

Why now?

- The diagnosis and not the patient
- Illness narrative... 'listen to your patient' (Osler)
- Social injustice
- Upstreaming (Manchanda, 2013)
- Revolving door syndrome

The Reality....

[Council funding for women's refuges cut by nearly £7m since 2010 ...](#)

['I'd have gone back to him': why women's refuges can't afford more cuts](#)

[Domestic violence victims 'sleeping rough' after refuges closed](#)

[Women's refuge budgets slashed by nearly a quarter over past seven ...](#)

[Threat to women's refuges in government funding cuts - BBC News](#)

SafeLives: Ending Domestic Abuse

- Spotlight Series
- Spotlight#5: Homelessness and Domestic Abuse
- Report (May, 2018)
Safe at Home: Homelessness and Domestic Abuse

SafeLives: Ending Domestic Abuse

Tips for practitioners:

- Consider multiple disadvantage
- Work with other agencies linked with the person
- Victims of domestic violence are traumatised
- Language matters – keep it simple
- Don't assume that leaving the relationship is 'safer'

Listening as a humanitarian act

- The importance of ‘telling one’s story’
- ‘Serves as a window’ (Hall & Powell, 2011)
- Meaningful & cathartic
- Listening challenges our assumptions
- Promotes person-centred care

Upstreaming

- Understand upstreaming...
- Understand the impact of policies
- Use social media wisely
- Emotional resilience - work better together
- Don't give up!

Stay motivated...

- Don't switch off
- Don't go back...
- Become a self-determined learner
- Work together to find your voice & use it
- Make connections

Politics & Healthcare...



‘You see things’.....
I acted.....

Engage with others...

Thank You

I can either be hesitant or courageous

I can swiftly stand up and shout, "This is my time and place"

(and) I will accept the challenge

The Creed

Marva N. Collins

References

Hall, J.M. and Powell, J. (2011) Understanding the person through narrative. *Nursing Research and Practice*. doi:10.1155/2011/293837

Manchanda. R. (2013) *The Upstream Doctors*. Medical Innovators Track *Sickness to its Source*. TED Books.

SafeLives (2018) *Spotlight Report #SafeAtHome*
Safe at Home: Homelessness and Domestic Abuse. London: SafeLives.