

HomeVisit

News for supporters of the QNI

The charity dedicated to improving patient care by supporting nurses working in the community



News update from Dr Crystal Oldman, Chief Executive, QNI

I recently attended a meeting where prevention of ill health and the promotion of health and wellbeing were being discussed in relation to the nurses' and health visitors' role. As a qualified Health Visitor, I worked with families, children and adults of all ages. My caseload included older people who I would see over many years and referred to social services or to the District Nursing service for any care and interventions that were beyond my skills. I loved the 'whole community' approach and the need for prevention and maintenance of independence to be a core part of the role of nurses and health visitors.

It is rare now to find a Health Visitor whose role includes supporting isolated, housebound older people to maintain their health. So it is so helpful that there is now a focus on the knowledge, skills and competence of the General Practice Nurses (GPNs) with the NHS England ten-point plan for GPNs.

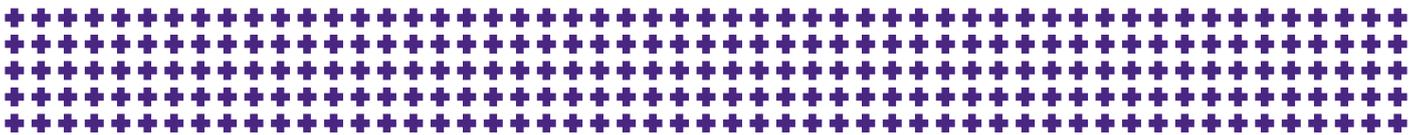
There has never been a more important time to focus on the power of nurses and Health Visitors to impact positively on the health of the communities we serve. We may not work within the same organisation or be

employed in a similar role, but as nurses and Health Visitors in the community, we have a common goal to promote health and wellbeing of our patients, their families and carers.

The GPN ten-point plan also focuses on the training and education of GPNs, including to a level equal to that of the Health Visitor post-graduate training. So there is also an opportunity to learn and share together as students, along with District Nurses, Community Children's Nurses, School Nurses and Community Mental Health Nurses on specialist practice programmes that are approved by the NMC and 'enhanced' with voluntary standards by the QNI (<https://www.qni.org.uk/resources/qniqnsvoluntary-standards-general-practice/>).

Thriving community specialist practice programmes for the nurse-led services in community and primary care is a very welcome vision for the future health and wellbeing of our population.

Please see page 3 for news of a new QNI GPN educators' network.



Staff news



Anne Pearson, QNI Director of Programmes, retires

The QNI team and trustees said their final goodbyes to Anne Pearson, QNI Director of Programmes, who retired recently after 14 years at The Queen’s Nursing Institute.

Anne has inspired and supported thousands of nurses to innovate and provide excellent care to patients, families, carers and communities, making invaluable contributions to community nursing across her career.

She will be greatly missed at The QNI and we wish her all the best for the future!

Sue Boran appointed QNI Director of Nursing Programmes

We would like to welcome Sue Boran who has joined the QNI as Director of Nursing Programmes, taking over from Anne Pearson. Sue joins us from London South Bank University

where she was a Senior Lecturer and Course Director for all District Nursing Programmes at the University.

New Chair of Council

We are excited to welcome Dr John Unsworth, the new Chair of Council at the QNI. He succeeds Kate Billingham CBE, who has retired after six years in the role.

John is the Head of Learning and Teaching Enhancement at the University of Sunderland and a Queen’s Nurse. He has a background in community nursing practice, education, management and research. John trained as a nurse in Sunderland and worked in a variety of acute ward settings before moving into district nursing. John said, ‘I am delighted to become the Chair of the QNI which has for 130 years championed care at home and in the community. The role of community nurses in modern healthcare is as important today as it was then and I look forward to working with Council and the QNI team to ensure that the nursing contribution to integrated care is recognised and developed.’ Welcome John!

Obituaries

Berenice Pridham

Berenice Pridham QN passed away in November 2017. You may remember reading about Berenice’s life in a previous edition of HomeVist. You can now hear Berenice’s story on our Heritage Website (<http://qniheritage.org.uk/film/#audio>).

Mrs Yvonne Nulty

Mrs Yvonne Nulty QN passed away on 26 October 2017. She had a long and interesting life. She loved her career in nursing and midwifery and took an interest in many other activities too in her retirement.

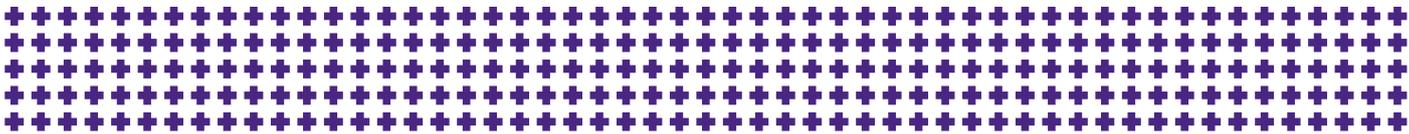
Margaret Irene Allen

Margaret Irene Allen QN passed away in March

2017. She enjoyed her professional career as a nurse for all of her life, the last 34 years as a district nurse in Doncaster.

Irene Adamson

Irene Adamson QN passed away on 24 November 2017. Irene had a long and distinguished career and had worked as a district nurse for many years. From 1966 to 1969 she progressed to Assistant Chief Nursing Officer and Lecturer in Midwifery at Westminster City Council, and from 1969 to 1976 she was First Chief Nursing Officer and Director of Nursing Services at the London Borough of Sutton, Merton and Wandsworth. From 1980, Irene continued her voluntary work with the QNI, taking a role as the Chief Grants and Welfare Officer and in 1992 as the Chairman of the Executive Committee.



Stephen McGann, Dr Turner and Call the Midwife



The grand finale of the QNI's 130th anniversary year took place on 27 November at the Royal Garden Hotel in London.

We were delighted to have as our guest speaker the actor Stephen McGann, who plays the character of Dr Turner in the hit BBC television series 'Call the Midwife'. Dr Crystal Oldman CBE, the QNI's Chief Executive introduced Stephen to the audience of Queen's Nurses, National Garden Scheme garden owners and other supporters of the charity.

Stephen spoke about the origins of the television series, taken from the memoirs of retired midwife, Jennifer Worth and adapted for television by his wife, the writer Heidi Thomas. The character of Dr Turner appeared in the first series and develops as the programme moves into the 1960s. Stephen revealed the huge depth of historical and professional research that underpins the programme – in particular the role of the programme's midwife adviser, Terri Coates. This authenticity and realism is, in Stephen's view, one of the reasons for the programme's great success.

Stephen also spoke about his new book, 'Flesh and Blood – A History of my Family in Seven Maladies'. In it he traces the history of the McGann family who moved to Liverpool from Ireland at the time of the Potato Famine. The book combines his love of medicine, genealogy and drama.

Stephen said, 'I was honoured to be invited to speak to an organisation that has done so much to promote the values and importance of nursing, particularly in our communities. The QNI has at its heart the same values we cherish on Call the Midwife – humanity, compassion and dignity expressed through expertise, and delivered for the benefit of everyone. A demonstration of the very best that our society can be.'

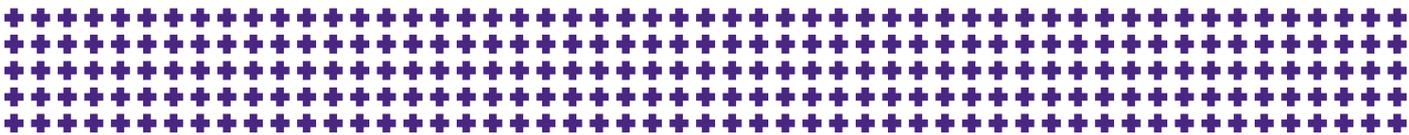
QNI receives donation from former DN/GPN Association

We were delighted - and very grateful - to receive a very generous donation of £2200 from the former King's Lynn and District Practice Nurse Association.

The funds will go towards supporting a new QNI network, the QNI Association of General Practice Nurse Educators (AGPNE).

The network will have a focus on high quality education and training for General Practice Nurses.

More information on the network will follow soon.



QNI launches new Heritage Website



The start of the NHS 70 years ago also coincided with the 'golden age' of documentary making in Britain and the website includes photographic and film resources from that period, including the 1952 film 'District Nurse'.

Commenting on the new website, QNI Chief Executive Dr Crystal Oldman CBE said, 'We are delighted to have launched our new heritage website to round off our 130th Anniversary year. Nursing in the community is as important to the health and wellbeing of our



population as it was when the QNI was founded in 1887 by William Rathbone with help from his friend Florence Nightingale. It is an honour to showcase the

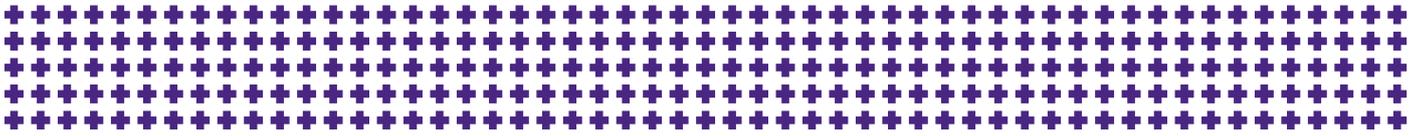
experiences of historic, retired and working Queen's Nurses in this way and to share the development and achievements of the QNI over the generations. The QNI is extremely grateful to the Heritage Lottery Fund; the grant has enabled a virtual celebration of District Nursing and many other areas of community nursing in the UK.'

We hope the archive will continue to grow as nurses and their patients share their own stories via the 'Submit Your Story' feature.

To visit the website (and share your story) please go to www.qniheritage.org.uk. If you would prefer to write to us with your reminiscences please post them to Suzanne Rich, The Queen's Nursing Institute, 1A Henrietta Place, London W1G 0LZ, or for more information call 020 7549 1416.

The QNI has launched a new website showcasing the history of community nursing since 1859, when the first District Nurse was employed in England. The project was funded by a £5,000 grant from the Heritage Lottery Fund (HLF), awarded to the QNI in 2017.

The QNI's vibrant archive of stories, photos, artefacts and films are now available to a much wider online audience. Some content dates back to Victorian times, whilst other pieces such as oral interviews with retired Queen's Nurses use modern technology to capture the essence of working as a District Nurse during the early years of the NHS.



Reminiscences from Barbara Dyer



Barbara Dyer recently kindly sent us a folder she had put together of photos, certificates, etc. of her nursing career, which

lasted for 42 years. Barbara trained in 1961 at Preston Royal Infirmary and qualified as a State Registered Nurse in 1964. Barbara then trained as a midwife and district nurse, becoming a Queen's Nurse in 1967.

We are very grateful to Barbara for allowing us to share some of her memories in this issue of Home Visit.

WORKING AS A QUEEN'S NURSE

The area I worked in was very rural – lots of remote farmhouses to find. Road signs did not exist! I practised as a District Nursing Sister/Midwife and loved it. During the summer months it was wonderful to drive around the countryside, but not so wonderful in the winter! I have been known to have been rescued by a farmer on his tractor after my little mini-van got

stuck in snow on the fells. Scary! This prompted me to purchase my own car, a blue VW Beetle, which had large wheels and was more able to cope with bad weather. Funds would not stretch to a Land Rover! After a few years this was replaced by a yellow Beetle, which became known as the 'Flying Custard'!

Having a baby in hospital, even a first baby, was frowned upon by the farming community, but it could be dangerous in the winter to deliver a baby at home in more remote areas. Myself and several of my colleagues have been 'snowed in' on one of these remote farms in the fells. In an emergency, medical aid such as the 'Flying Squad' would not be able to reach us. In the early 1970's a rule was brought in that mums of first babies due in winter had to be booked into hospital.

There are so many stories to tell, as they say, I could write a book! The dual role could mean starting the day giving elderly diabetics with poor eyesight and living alone their insulin and then onto a post-natal visit to check a mother and a new baby. Variety was the spice of life!

Barbara Dyer QN

Queen's Nurse Exam Questions from 1914

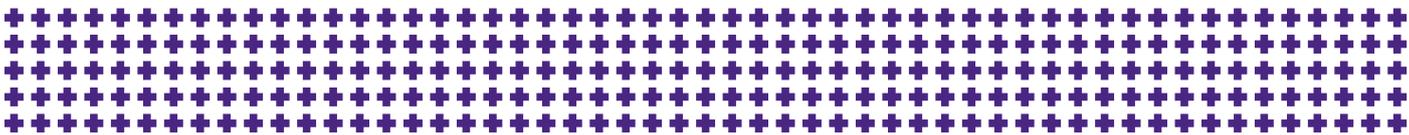
Taken from Exam Questions from Queen's Nurse examination papers 1914-1918; World War 1 was still being fought and food rationing was very much in force.

March 15th, 1917

Q: How would you make a patient understand why bread, meat and sugar must be saved, and how to help her divide and plan the amount allowed so that the children and husband shall be adequately nourished?

A: Tell the patient in simple language that our common supply of food is largely obtained from

abroad, and that, on account of the submarine menace and the amount needed to keep the troops in fit condition, the quantities available for civilians are very much lessened. She can be told to use ground and whole rice, oatmeal, tapioca, lentils, maize flour, dates, and any available dried cereals, and also cheese and fish. Root vegetables, such as carrots, parsnips, swedes, and turnips, can also be used. The housewife should be encouraged to use the above-mentioned foodstuffs in place of bread, meat, and sugar, so as to keep within the amount allowed by the Food Controller.



Front Line Nurses reception at Buckingham Palace



On 14th March 2018, 350 nurses from all over the UK travelled to Buckingham Palace for an evening reception, hosted by HRH The Prince of Wales, to recognise the contribution of the nursing profession to 70 years of the NHS.

The atmosphere was truly celebratory and the whole spectrum of our profession was represented in the spectacular ballroom of Buckingham Palace. Prince Charles was charming and engaged, spending almost two hours speaking with nurses, asking about their experiences, their views on the NHS, the current challenges and opportunities and the most rewarding parts of their role.

I had the fabulous opportunity to thank His Royal Highness personally for hosting the event, recognising the skills, dedication and contribution of nurses to the health and wellbeing of the people of the UK.

I thanked the Prince for his support of the work of the Queen's Nursing Institute and the recognition of nurses who work in community settings, alerting him that he would meet more than 50 of the QNI family amongst the guests. I also

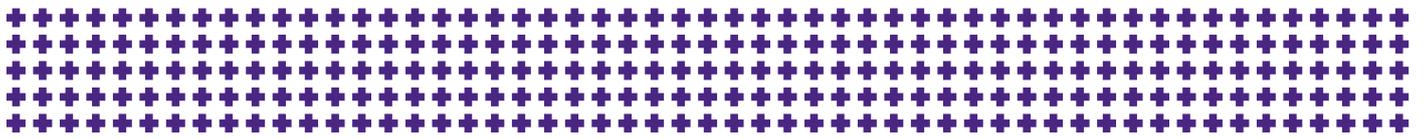
took the opportunity to point out that while the media usually focuses on nursing in the hospital setting, more than 90% of all clinical contacts occur in the community and in primary care. Prince Charles appeared truly shocked by the statistic and asked if I was sure that was correct!

The drinks and canapes appeared to be everlasting and the Prince stayed longer than expected, more than 30 minutes beyond the official

end of the reception, which perhaps indicates how much he enjoyed the evening. His short speech was inspiring – and he thanked all those present for their work, their expertise and their commitment to patient care.

The opportunity to attend the reception was a real highlight of my nursing career. It was an opportunity to witness Prince Charles' genuine support of the nursing profession and to be amongst hundreds of other nurses working in diverse settings, with people and communities across the whole life course. The evening confirmed that he recognises registered nurses provide vital expertise at some of the most challenging times in the lives of individuals, their families and carers. From pre-conception to post-bereavement, the nurses gathered at Buckingham Palace represented all those who share a common purpose and strong alignment with the values of the QNI and excellence in the delivery of nursing care.

Dr Crystal Oldman CBE
(The full text of this article originally appeared in the Nursing Standard)



Project in ACTION: improving patient care

Nurse-led projects are one of the most direct ways in which we help nurses improve patient care. Since 1990 the QNI has funded over 200 projects across the whole range of community nursing specialties. Dissemination of project results also helps us drive improvements in knowledge and practice. These projects could not be delivered without the funding that we receive from the Burdett Trust for Nursing. Below is one of the successful case studies.

Way to go

Project lead: Deena Geal, Practice Nurse, Dorset



Photo posed by model

Robbie* was a 58-year-old businessman, who had obesity with no pre-existing comorbidities. His waist circumference was 122cm, 20cm above the recommended waist circumference target. His BMI was 35.3 and blood pressure 158/96 mmhg. His Diabetes risk was of 26.6% compared to 3.7% for someone his age. Robbie's heart age was recorded as 70 years old, as a consequence of his body mass index.

Robbie's job was stressful, he reported drinking most evenings, consuming a total of 70 units within a week. He occasionally smoked and rarely exercised. Robbie acknowledged that he was overweight and he felt frustrated by his lifestyle choices, yet found making healthier choices difficult.

'A very useful service which has focused the mind on some important issues and given me the kick I didn't think I needed but probably did.'

Robbie*

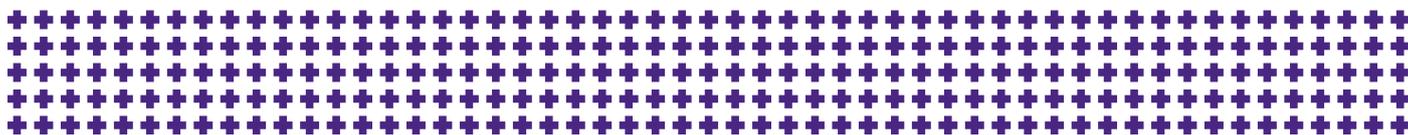
Robbie was shocked by his risk of diabetes and heart age. Motivational interviewing techniques were adopted to support Robbie to identify achievable, sustainable and realistic goals within the confines of his daily life; I avoided using language such as 'going on a diet' but instead discussed changes in food choices, portion sizes and alternatives to red wine each evening, alongside realistic daily exercise targets.

Monthly reviews were an opportunity to support and encourage Robbie.

As a clinician, the proactive approach to promoting Robbie's well being and reducing the risk of development of long term diseases associated with obesity was an empowering experience. Over a six-month period Robbie achieved a 13 kg weight loss, a 15cm decrease in waist circumference, his BMI reduced to 31.2 and his blood pressure improved to 142/84mmhg without the aid of medication. He reduced his alcohol intake to 22 units/week. Having invested recently in a pedometer, when at work he never took the lift, always the stairs, and each weekend aimed to walk 6-14 miles. His Diabetes risk decreased to 16%.

Robbie's quote (below) summarised succinctly what I had hoped to achieve when setting up the 'Way To Go' project.

**name has been changed*



Autumn Awards Ceremony



The QNI Awards Ceremony was held at the Royal Garden Hotel in London on 30 October 2017. Over 300 nurses and guests attended the event. The

Awards Ceremony recognises and celebrates the achievements in community nursing and the dedication, passion and skills of nurses working in the community today.

The event was hosted by Dr Crystal Oldman CBE, Chief Executive, and Kate Billingham CBE, Chair of Council. The guest of honour was Professor Jean White CBE, QNI Fellow and Chief Nursing Officer in Wales.

George Plumtre, Chief Executive of the National Garden Scheme, which funds the Queen's Nurse network, spoke about the historic relationship between the two charities.

The Queen Elizabeth the Queen Mother Award for Outstanding Service

The awards were presented by Kate Billingham CBE to Liz Alderton, District Nurse Team Leader, North East London NHS Foundation Trust; Gail Miles, Respiratory Nurse Consultant, Rotherham NHS Foundation Trust; Christine Morris, Community Children's Nurse, Sussex Community NHS Foundation Trust; Anne Elizabeth Pearson, Director of Programmes, The Queen's Nursing Institute; Tanya Strange, MBE Divisional Nurse, Aneurin Bevan,

University Health Board, Gwent.

Fellows

The new Fellows of the QNI are Professor Dame Elizabeth Anionwu; Joanne Bosanquet MBE, Deputy Chief Nurse at Public Health England

and a Queen's Nurse. Professor Ursula Gallagher, Nurse Lead at the Care Quality Commission (CQC).

The Dora Roylance Memorial Prize for Student Health Visitors

Laura Scott, from London Southbank University received The Dora Roylance memorial prize for outstanding achievement on the Health Visitor programme to represent all those who have received the prize this year.

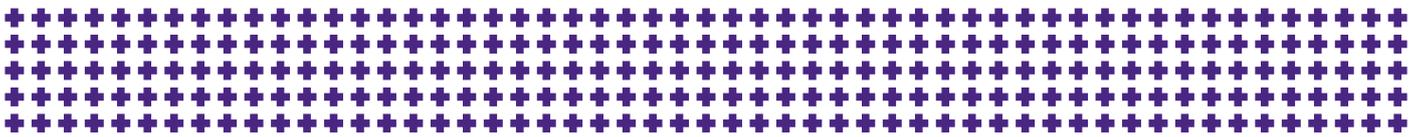
The Philip Goodeve-Docker Memorial Prize for Student District Nurses

Emma Leese, from Southampton University received the award to represent all those who have received it this year. The award was presented by Nigel Goodeve-Docker, Philip's father.

Queen's Nurses

119 Queen's Nurses received their title. It is now 10 years since the QN title was re-introduced, after a gap of almost forty years. Current Queen's Nurses – who now number over 1200 – have become well-known and well-respected for their contributions to patient care, learning and leadership. Professor Jean White CBE, QNI Fellow and Chief Nursing Officer in Wales, presented the new Queen's Nurses with their badges and certificates.

More information on the other award winners, can be viewed at <https://www.qni.org.uk/news-and-events/news/qni-awards-ceremony-2017/>



Financial Assistance - Educational Grants

In 2017 the QNI awarded educational grants to 17 nurses helping them in their studies to improve patient care in the community. The courses ranged in subjects and covered a wide area of specialities, among them : Tissue viability; safeguarding vulnerable adults and children; advanced clinical practice; wound healing; advanced assessment diabetes; leadership in health and social care; infection control; and practice development.

Feedback from the recipients after they had completed their courses was very encouraging, with many of the nurses saying how much they had appreciated our financial assistance which had allowed them to improve their nursing practice, which in turn meant that they were able to disseminate their learning to other community nurses.

A high proportion of the recipients also felt that their course had improved their critical thinking and decision making skills which had allowed them to implement service developments.

The QNI is very pleased to have been able to contribute to the development of these nurses. Our Education grants are available to nurses who are band 5 or 6, who are looking to develop higher nursing skills. Please see our website for more details. <https://www.qni.org.uk/help-for-nurses/educational-grants/>

Or contact Joanne Moorby, Grants Manager on 0207 549 1405 or at Joanne.moorby@qni.org.uk

NGS Announces Record Donation and New Joint Initiative



The National Garden Scheme (NGS) has recently announced record donations to nursing and caring charities, totalling £3.1m.

£250,000 will be donated to the QNI, enabling us to give professional development support to Queen's Nurses

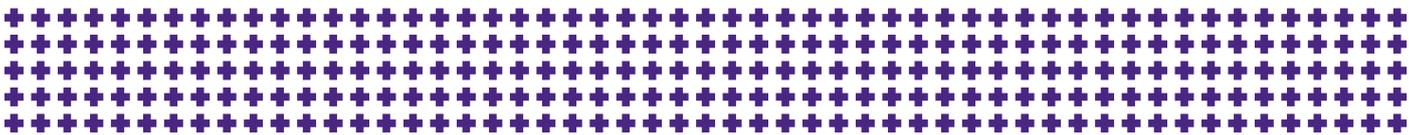
working in diverse specialties in communities across England, Wales and Northern Ireland. Funding from the NGS also enables the QNI to run its leadership development programme for QNs.

Dr Crystal Oldman CBE, the QNI's chief executive said, 'I would like to thank all garden owners on behalf of the QNI for their passion and commitment and the funds they raise every year. We are thrilled at this generous contribution which will help us support more Queen's Nurses, who serve as leaders and role models in nursing practice, to deliver care to those who need it most.'

The National Garden Scheme also announced a pioneering joint initiative to contribute support to community and specialist nursing services in the UK. The initiative will bring together the expertise and insights of The Queen's Nursing Institute, Macmillan Cancer Support, Marie Curie UK, Hospice UK, Parkinson's UK and MS Society UK – six of the UK's most respected nursing and healthcare charities.

Commenting on the initiative, George Plumpton said; 'In the 70th anniversary of the NHS we are extremely proud that the National Garden Scheme's funding of nursing goes back to many years earlier. We and our nursing beneficiaries feel that the 70th anniversary is the ideal occasion to set out a vision for community and specialist nursing that will champion the role of nurses and give the general public the kind of nursing care they are asking for.'

More details about the initiative will be announced in the summer.



Homeless Health Network reaches 10 year milestone



assessment. Nurses from the network were also instrumental in helping create the Transition to Homeless Health Online Learning Resource, a guide for nurses starting out in homeless healthcare, launched in July 2017.

Commenting on the ten year milestone, The QNI's Chief Executive Dr Crystal Oldman CBE said, 'Nurses working with people who are homeless are highly skilled professionals working to support the health and wellbeing of some of the most vulnerable in our society. With no accredited specialist training available

The QNI is marking a decade of progress since the launch of its Homeless Health Network for community nurses in November 2007. Homeless health is one of the most complex areas of nursing, addressing poor physical health, mental health, addictions and the wider determinants of health including immigration, housing and poverty. It demands skilful, compassionate, and advanced nursing skills.

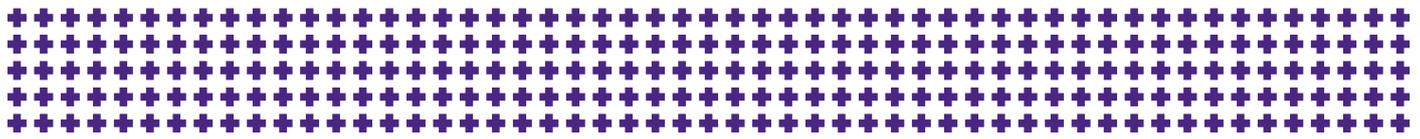
for the role and nurses often working for small employers, the QNI homeless health network and the provision of our continuing professional development provides a professional lifeline for these nurses. The QNI's Homeless Health work has been an effective source of support over the last ten years, helping community nurses to grow skills, knowledge and confidence, increase their range of knowledge and to have a voice in policy at a national level.'

From a small start, the network has today grown to over 1500 members. The QNI has organised conferences attracting over 120 delegates and was commissioned by the Department of Health to develop a report that has influenced the education of health professionals across the areas of Homeless and Inclusion Health.

Founder members Jane Cook and Dr Jane Gray OBE (both now Queen's Nurses) said, 'Ten years ago, we gathered information about the needs of nurses working with the homeless and other vulnerable groups (asylum seekers, Travellers and sex workers) across the UK. The nurses were all aligned in our unfaltering belief that the best way to develop and to deliver professional, high quality and respectful care to people who were homeless was by ensuring nurses had the right support to do their work. The QNI has been the ideal host for the network, as an established charity for nursing in the community. The network has far exceeded our expectations in terms of the quality of support for nurses working in this field, promoting the health needs of people who are homeless, and developing the right resources to improve the quality of care. We have been blessed to have the QNI driving forward this essential aspect of healthcare.'

Multiple regional learning events have brought nurses and other professionals together to learn and share experiences. Issues covered have included some rarely explored in the wider health sector, including the health of sex workers, refugee health, historical psychological trauma, and dual diagnosis.

The QNI has worked with the network to create evidence-based resources to support best practice on homeless health topics including safeguarding, nutrition, mental health, the criminal justice system, foot care, oral health, epilepsy and a specialist holistic health



New learning resource on Care Home nursing launched



The QNI has launched a new educational resource for nurses who work or are considering working in the care home environment.

The resource is the latest in the QNI's series of 'Transition' resources for nurses new to community nursing

roles or who wish to enhance and update their knowledge on current practice and approaches in specific community settings.

The new resource, written by Queen's Nurse Sharon Aldridge-Bent with input from an external review group of nurses and professionals who work in or have responsibilities for residents in the care home setting, is structured into ten chapters. There are specific chapters on subjects such as the fundamentals of nursing care, safe working and regulation, adults at risk, dementia care, building relationships with family, and career development.

The resource is intended for registered nurses who may have overall responsibility for nursing within the care home environment, as well as educators, students, and unregistered carers who work in this setting. As with its other Transition resources, the QNI recommends that the Transition to Care Home Nursing is used with the support of an experienced mentor.

Sharon Aldridge-Bent commented, 'The role of the registered nurse working within a care home is a highly skilled one, requiring an in-depth knowledge of long-term conditions associated with aging, managing complex multiple morbidities and frailty. The nurse is required to maintain a person and relationship centred approach to this care, recognising that the care home is the person's home as well as a place of care. Care home nursing is diverse, with the need to practice autonomously, liaising with many health and social care professionals, as well as building long-term relationships with residents, relatives and significant others.'

Copies of the resource are now on sale. To buy yours, please go to www.qni.org.uk/shop.

QNI announces ten homeless health projects to be funded

The QNI has announced ten new local nurse-led projects that will benefit from a year long programme of financial and professional support.

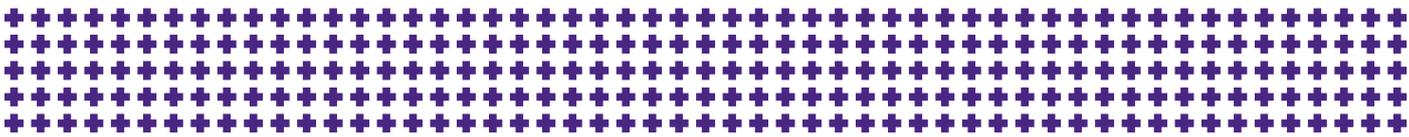
The projects will benefit all people who are experiencing homelessness or who are living in vulnerable or temporary housing. All of these groups experience a range of health inequalities which can be severe and life threatening. The ten projects are all led by community nurses working in different parts of England.

This is the first time that the QNI's Fund for Innovation and Leadership has focused specifically on projects that work with the homeless population. The QNI is currently working in partnership with funder, Oak

Foundation, which is supporting its Homeless Health Programme for three years.

David Parker-Radford, the QNI's Homeless Health Programme Manager said: 'These projects represent the vital role that community nurses have to play in supporting some of the most vulnerable groups in society, by engaging with them on the streets through outreach and treatment work, where more traditional models of care are not effective. Following project completion and reporting, this new learning will be shared with other practitioners.'

For more information, go to <https://www.qni.org.uk/news-and-events/news/qni-announces-ten-homeless-health-nursing-projects-funded/>



Frogmore House Garden Opening 2018

Last year, in 2017, a number of Queen’s Nurses, QNI staff and other NGS beneficiaries attended.

This year we are aiming to have at least 70 Queen’s Nurses attend on the day as 2018 is the 70th anniversary of The NHS.

Queen’s Nurses are encouraged to book their tickets (£6.70) from the NGS website.

Refreshments are available, but please note that you are welcome to bring your own picnic.

The National Garden Scheme and The QNI look forward to welcoming you to the Queen’s garden on 5th June.



The Queen’s private garden at Frogmore will open again for the National Garden Scheme on Tuesday 5th June 2018. Tickets are now available from the National Garden Scheme website.

For more information or to book your tickets, please go to www.ngs.org.uk or phone 01483 211 535. Tickets are also available on the day.

Feedback

We would love to know what you like (or would like less of!) about the newsletter, and if you would like to send in any reminiscences, we would be delighted to feature them. Please contact us at joanne.moorby@qni.org.uk, phone 020 7549 1400 or write to Joanne Moorby, 1A Henrietta Place, London W1G 0LZ.

Address changed?

If you have recently changed address, please let us know either by phone on 020 7 549 1400 by emailing us at mail@qni.org.uk or write to Joanne Moorby, 1A Henrietta Place, London W1G 0LZ.

QNI News as it happens - online



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