



Infection Prevention and Control (IPC)

Champion Network meeting

SUMMARY

'IPC projects'

Tuesday 30 January 2024 2-4pm, via Zoom

#IPCChampions
#CareHomeNursing
@QNIIPC



1. Chair's Welcome

Charlotte Fry, RN, DN, ON, Expert Lead Nurse, IPC Champions Network; @cfry_

- Welcome to everyone, good to see you all.
- Today we are celebrating an anniversary: it's our 10th meeting! And the 3rd year of our network, so congratulations to us all
- We have an excellent agenda today; we have two projects coming to talk to us. One, a new project and the other is revisiting us and updating us. Thank you to all our speakers for giving their time and expertise
- To join the IPC Network, please go to: https://qni.org.uk/nursing-in-the-community/infection-prevention-and-control-champions/
- For IPC resources visit: https://qni.org.uk/news-and-events/events/infection-prevention-and-control-ipc-champions-meeting/





2. Vivaldi Social Care: Reducing Infections and Improving Lives

Zoe Fry OBE, BSc RN, Executive Director, The Outstanding Society CIC; Dr Maria Krutikov Clinical Lecturer and Infectious Diseases Doctor, University College London; Mike Slator, Project Support Specialist, The Outstanding Society

 Our mission is to improve the quality of life for people living, visiting, and working in care homes, while also reducing the risk of infections and avoiding hospital admissions. We endeavour to achieve this through the VIVALDI study that utilises existing data, with minimal input required from care home providers.

 Animation explaining the project, narrated by Stephen Fry, view it here: https://vimeo.com/891061902

 The Vivaldi Study started in May 2020 when we realised we didn't know much about how the pandemic was affecting people living and working in care homes, all we knew was there was a high mortality rate.

We needed more detail - once regular testing appeared in July

2020 we were able to describe infections and how effective the vaccines were and look at all sorts of things we couldn't before.











2. Vivaldi Social Care: Reducing Infections and Improving Lives

Zoe Fry OBE, Dr Maria Krutikov, Mike Slator

- The study continued over the course of the pandemic and as a result we decided to look into infections more broadly.
- There are 350 care homes involved in the study with 60,000 care home staff and residents.
- The pilot is open to nursing/residential homes with residents over the age of 65. We are only collecting 3 pieces of data from each person in the care home. There is no national registry of who lives in a care home so this information is very useful.
- We're collecting 1. NHS numbers so we can identify people living in care homes for the study; 2. the date, so we can work out when they came into and left the care home; 3. the care home name, so we can look at the burden of infection in each care home and generate reports (which we can give back to care homes)
- At no point do we have access to individuals' details, they are pseudonymised by NHS England before we get the data set. Some of the data sets held by NHS tests are performed to look at infections (flu swabs / urine infections etc) we'll get the results and link up any deaths and causes and antibiotics and antivirals this will build a rich data set.
- Data collecting: pseudonymisation is essentially scrambling, the NHS numbers are removed and replaced with a pseudo-identifier. This is done by NHS England and only this pseudonymised data (no NHS number, name or date of birth) is stored in the research data set.
- The data are safe: the UCL Data Safe Haven is certified and conforms to NHS Digital's Data Security & Protection Toolkit and only named researches can access data within it and they must be up to
- 4 date with Information Governance training.



2. Vivaldi Social Care: Reducing Infections and Improving Lives

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- Questions that might be asked: 'how many care home residents have been diagnosed with common infections like urinary tract infections, norovirus, or influenza in a care home/a region/ nationally?
- The power in the study is in the volume, if we haven't got volume, the power decreases quite rapidly.
- Consent: opt-out not opt-in. 18 months of highest-level input into this project: NHS Health Research Authority; NHS England, NIHR, Care Rights UK, The Outstanding Society, with care providers; University of College London. Residents can opt out anytime.
- It becomes one of the things that care homes just do as part of their admissions process.
- It's a 12 month pilot and we're finding our feet as there's quite a lot of background workings.
- We meet once a month and invite providers. Everything we do is developed and created by
 the collective in co-production. We invite care homes along to feed back on how things are
 going. We're working on having someone do sign language over the video and have easy-read
 documents which is exciting.
- This study will make a huge difference to the wellbeing of residents, relatives and care staff in adult social care. We're here to help, do contact us info@vivaldisocialcare.co.uk



3.Infection Prevention and Control Resources

Amanda Daniel RN, Lead Nurse Specialist IPC-Primary and Community Care, HARP Team, Public Health Wales Gillian Partridge, Community Infection Prevention and Control Team Lead, Harrogate District NHS Foundation Trust

- The IPC Team are employed by HDFT and commissioned to provide Community IPC services to North Yorkshire and York. It's about reducing healthcare associated infections and hospital admissions.
- We produce IPC award winning educational resources, policies, audit tools, face to face training events and more.
- Our multi-disciplinary team includes Consultant Microbiologists.
- The initial Preventing Infection workbook was created in 2008, one for care homes, one for GPs and one for domiciliary care. In 2010, a bespoke workbook was created for a mental health learning disability organisation. We've now done them for councils and other NHS organisations.
- 16 years later, over 260,000 workbooks have been produced which we're very proud of.

 Resources are available to purchase and some are free to download directly. Go to the website to find out more:

www.infectionpreventioncontrol.co.uk.

- In April 2023 the Care Home policies was updated and our IPC CQC inspection pack was updated and published in August 2023
- We aim to have future resources published digitally to promote sustainability.







3.IPC Resource Testimonials

Victoria Edwards, Registered Manager, Vida Grange Care Home, Harrogate

- As a Registered Manager I've used the IPC workbook also in precious providers and found them to be very comprehensive covering all areas of IPC
- Another benefit, we don't want to overload workers, so it's a good balance
- They can work through booklets in their own pace, in different stages, and they can test their knowledge as you go along.
- A senior staff member can mark the booklets with staff and have that valuable one-to-one time.
- Once training is completed, there's a certificate for staff members and the book is kept as a reference guide.
- The inspection preparation pack, posters for outbreaks, very useful resource to have at hand as a care home manager.











3. Collaborative Project with Public Health Wales

Amanda Daniel RN, Lead Nurse Specialist IPC-Primary and Community Care, HARP Team, Public Health Wales Gillian Partridge, Community Infection Prevention and Control Team Lead, Harrogate District NHS Foundation Trust

- Public Health Wales approached HDFT Community IPC Team to develop a bespoke Welsh version for care homes and domiciliary - this is really an example of how we can work across borders.
- A lot of work went into the content which needed to be aligned with NIPCM and it was endorsed by the CNO and CSCO.
- There are 9 providers across Wales for residential/nursing/complex needs, all 9 took part in the project
- We surveyed the pilot sites and held an introductory session for providers and drop-ins, 4 weeks to complete and then online survey. We had incentives and 'league tables'. Our response rate was 25% (130/500)
- We received funding for 8000 copies for care home/domiciliary staff by Social Care Wales
- It was translated into Welsh with endorsement from the Welsh government, launched on 1 August 2023
- It has quarterly updates on purchases from each Health Board.

"It was a very informative good workbook that we enjoyed doing. It actually helped bring the team together and opened up conversations regarding infection control that would not have been brought up without this book". (Participant 118)



3. Real experience from providers (domiciliary care)

Keri Llewellyn, Managing Director, RI All Care, Wales

- We were thrilled to be part of the pilot, I'm a private domiciliary provider
- One of biggest attractions is that it has an NHS badge, our staff felt so valued to be have same standard of education as the NHS, then went down very well.
- We went through it and even asked office staff to do it so they too could understand principles. It
 was so well received and enjoyable. We took the same approach, with one to one supervision to see
 if some areas weren't known before.
- One fun fact, many didn't know about not putting hot water and bleach together. So we did definitely change some practice and made people more aware.
- We've continued to use it and purchase it ourselves and everyone has a copy. The problem we had before is that information was piecemeal in different places, but this is all put together and lots of people carry their copy around with them.
- We'd love to see it put online in an app format for domiciliary care workers, that would be a request from me.
- I felt we were listened to. Public Health Wals valued our input, made it easy for our staff to understand which translated into the impact it had.
- These ongoing workshops have been amazing, keeps people up to date and engaged.



4. QNI Update

Dr Crystal Oldman CBE, Chief Executive, The ONI

- I want to give a heartfelt thanks to Deborah Sturdy for being a supporter of this network: it would not have been possible without that shared vision. It means that we're reaching through this and our care home network 1000s of nurses. And I want to thank you all here today for participating because the network wouldn't be here without you.
- One of things we're doing to get your expertise recognised, is our Standards that universities are using and that reflect an advanced level of practice. This is a first. We have found there's a huge amount of interest from universities and we currently have 8 who are using our Standards in ASC and will become endorsed by us, who are looking to start in September 2024 (including City, Northumbria, Derby, Bolton, UCLAN and Sheffield Hallam). This is just the start.
- We're also contributing the government's Covid Inquiry. Our colleague Professor Alison Leary undertook a piece of work collecting data from yourselves and we published it and we have submitted that.
- Another way we are ensuring that ASC is seen as a fantastic opportunity
 for nurses and students nurses is offering the opportunity for senior policy
 makers to shadow an ASC nurse. This allows them to see work as done
 rather than work as imagined. The profile of ASC nursing is raised and the
 money spend in the right place. We're currently negotiating a shadowing
 experience for Wes Streeting, Shadow Secretary of State for Health and





Social Care and he's very interested in the care home sector and in domiciliary care.

• I also have a very personal experience to share. My mum was admitted to a care home 2.5 weeks ago. I've been lucky enough to see her every day as it's local to me. How did we select the home? We wanted her friends to be able to visit, we wanted it to be local to us. We spoke to the awesome lead nurse, who said she'd had no agency nurses for 3 years which I thought was pretty impressive. There is 24 hour visiting and no restrictions. We can walk in! Obviously there are checks but it's really impressive. I'll say it twice the lead nurse was awesome! So thank you for everything that you do.



5. DHSC Adult Social Care Update

Professor Deborah Sturdy CBE, RN, FRCN, FQNI, Chief Nurse Adult Social Care

- I want to say a massive thank you to Charlotte, who's been a driving force behind this network.
 Happy 10th meeting anniversary!
- This is an exceptionally busy year as a civil servant (with an election coming) but a lot of good things are happening in 2024.
- We're currently looking at reviewing the advisory council, currently have 42 around every ICS and taking stock of sustainability. We're looking at moving to the regional model and having a greater impact and a stronger voice.
- We launched our second Florence Nightingale Global Majority Adult Social Care Leadership Programme and it's wonderful to see flourishing leaders come out of that. We're thinking of having a 3rd cohort too.
- We've got a big event coming up on 9 February 2024, 'Supporting unpaid carers in the NHS and Social Care' which will lead us rightly down the path regulating our currently unregistered workforce, which is a massive leap forward, recognising care workers.
- We've launched Skills for Care placements for social care guidance helping people to look at how we can have effective placements, NMC are launching work on that too and we need to triangulate that.





5. DHSC Adult Social Care Update

Professor Deborah Sturdy CBE, RN, FRCN, FQNI, Chief Nurse Adult Social Care

- I'm very pleased to see more nurses get honours from social care so my plea this year is we need to flood the honours system, let's really get the recognition for that. Similarly for the Chief Nurse awards, we want to see people nominating colleagues, let's flood the world with all the good stuff going on in Adult Social Care.
- Very important to acknowledge QNI with the ASC Standards work how far have we come!
- There is also another piece of work coming up with the University of Leeds and Karen Spilsbury. They are going to create a position paper looking at scope of practice and what advanced practice could look like in social care.
- The emotional toil of caring, we don't place enough emphasis on this.
- I'm always happy to listen to people's ideas about what else we can be doing, feel free to email me: deborah.sturdy@dhsc.gov.uk
- Massive thank you to everybody working incredibly hard. It's been a challenge, but what you do
 makes a difference. It shows the strength and passion of social care nursing. It feeds Charlotte,
 Crystal and I when we're doing battle on your behalf. I'm delighted this has been such a
 success. Massive thanks to The QNI but most of all to you all, for all you're doing.



Thank you to all 163 delegates who attended today's IPC meeting.



The next meeting will take place on 11 April, 2-4pm. The theme is Parasitic Infections, including Scabies, Headlice and Bed Bugs.

Book your free place here:

https://qni.org.uk/news-and-events/events/infection-prevention-and-control-ipc-champions-meeting/



Comments from delegates:

Thank you very much, great sessions!

Very informative and useful. Thank you

Thank you for another great meeting

I have never attended before, but found everything really helpful and useful and can see how we can implement some positive change within our home. Thank you so much.

Thank you so much, this is my first meeting since i became a QN, and I've really enjoyed it

Thank you - very useful meeting.

Thank you to all the presenters - this has been really interesting and informative :)