

QN Annual Meeting  
28 March 2022

## 'My proudest moment in nursing in the last year'

'As the Community Parkinsons Disease Lead CNS I was tasked with the exciting challenge to map a community-based Parkinsons Disease service to meet the needs of patients within community. To develop care pathways to support the complex, advanced stages of disease by ensuring care was holistic, comprehensive and accessible. As the only PD CNS commissioned for this service it was evident 'outside of the box' thinking was needed to successfully manage the large caseload. I developed an initiative called "Neuroburst"- short bursts of key information designed for digital delivery to "Parkinsons Disease Champions". Sending a flyer to all community teams to recruit clinicians from Intergrated care services (icares) I sucessfully enrolled 26 community clinicians. The register of MDT champions consisted of Physio, OT, SLT a dietitian, ANP, AA clinicians and district nurses, Care homes matrons, case managers and nursing staff to ensure all patients within community settings were equally supported. -The response in creating the 'Parkinsons Disease Champion Jigsaw' has been overwhelming.

The aim was to increase skill, knowledge, understanding and awareness of the complexities and challenges patients living with PD face daily, combined with empowering HCPs to support PD patients confidently and competently to provide person-centred care.'

Alison Fletcher, Queen's Nurse