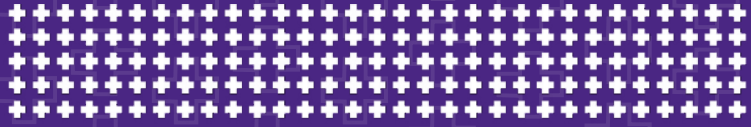


The ONI's Annual Conference
Healthcare in the Community 2023



In the Spotlight

Nurses Leading Care in People's
Homes and Communities

DAY 1 SUMMARY

2 October 2023



Day 1:

Evidence-based practice

Welcome from Dr Crystal Oldman CBE,
QNI Chief Executive:

"We want you to be able to return to your places of work, energised and connected and uplifted by the speakers you hear today and through the week."

Thank you to our sponsor



1. 'Gold Sponsor Session: Teva UK Limited: Digital inhalers: lessons from air crashes

Catherine Griffiths, Professional Relations, Teva UK Limited

- The UK has the worst death rate for long term conditions like asthma and COPD than anywhere else in Western Europe
- 4 people a day die from asthma, 90% of these were avoidable deaths
- No reliable estimate of emergency room or out of hours visits related to asthma attacks
- Teva has recently launched the first integrated digital inhaler system. This digital inhaler has built-in sensors that record how often and how well you inhale as categorised by an inhalation airflow. It may help you see inhaler events patterns, such as nighttime rescue inhaler use, which may help identify possible triggers and it also provides reports that allow you to share your inhaler data with your doctor.
- To find out more email catherine.griffiths@tevauk.com or visit www.digihaler.co.uk or scan the QR code below:



2.CNO Session

[Sue Tranka, RN, FQNI, Chief Nursing Officer for Wales and Nurse Director of NHS Wales](#)

- I'm delighted to be joining the QNI conference for the 3rd year! Thank you to all the community nursing family, to the difference you make to people's lives, diolch!
- The 5 overarching priorities for a healthier Wales which have been agreed are: 1. Leading the Professions; 2. Workforce; 3. Making the Professions Attractive; 4. Improving Health and Social Care Outcomes; 5. Professional Equity and Healthcare Equality.
- Earlier this year we published the National Community Nursing Specification. It encapsulates how community nursing is becoming data driven, how we are moving to a more sustainable and resilient 7 day, 24 hour service.
- We are now offering funding to areas to release staff to undertake an SPQ and we are hoping that this will enable the release of staff to undertake this training so we can return to our pre-covid levels.
- It's great that the QNI has chosen the first day of the conference to concentrate on evidence-based practice: we need evidence to enable us to continue to provide more care at home; to help us prevent ill health; to help us meet people's needs as effectively and efficiently as possible, with as little waste or duplication and we need evidence to help us move from high carbon healthcare to lower carbon healthcare. To get that evidence we do need the full family of nurses to do what they do and gather the data as a by-product of their practice and the care they give. We then need to turn that data into information and to use that information to inform our practice.
- We have so much more work to do in Wales, but I'm so very proud of our community nurses and all the work they have done to date and all the work they continue to support and commit to.



2. CNO Session

[Acosia Nyanin](#), Deputy Chief Nursing Officer for England, @NHSEngland

- Firstly a huge thank you to all community nurses, providing excellent care to the people we support and their families.
- We've faced incredible challenges right across health. We shouldn't underestimate the resilience from all nursing and community colleagues in supporting people.
- Often it can feel that community nursing primary care nursing isn't as visible as it should be and part of my role will be to continue to raise the profile of community nursing.
- I'm delighted that lots of our community nurses are from the global majority and this is essential to drive forward innovation.
- Working with third sector, you are integral to the work we will take forward.
- Population health and prevention of care, for me all our community nurses are vital, they are best placed to develop the work to respond to the community's needs at the most local level.
- Since the end of pandemic we've seen continual growth of digital nursing practices like virtual wards, and thousands of people continue to benefit from that. We need to continue to review and evaluate and continue to build on that .
- Also important to continue supporting our newly qualified nurses in the community.
- Looking ahead we know we have got an ageing population with increasing fragility, increasing complexity, and all this has an impact on work you're doing.
- It's important we continue in the influencing role that we have around making sure that our primary care nurses are really clear about what they should be entitled to as part of an uplift.

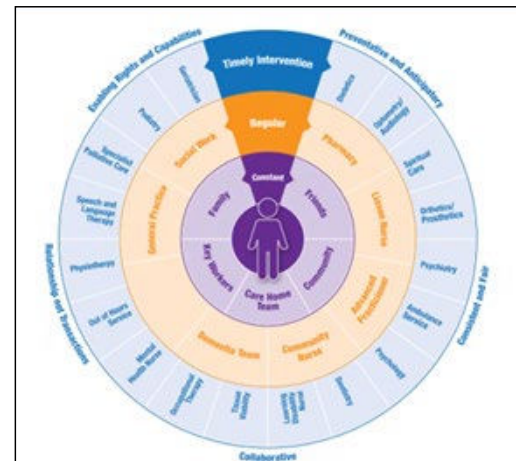


2.CNO Session

Sonia Glendinning, Nursing Officer, Northern Ireland (on behalf of Maria McIlgorm, CNO)

- We have recently launched the Enhancing Clinical Care Framework for care homes which hopes to ensure that those living in care homes have access to clinical and wellbeing support they want and need, to live healthy and fulfilling lives.
- With people living longer, whilst great news it means that the number of those in care homes and their care needs have become greater.
- The framework recognises the important role played by care home nurses and recommends that people in care homes are connected with local general practice nurses, advanced practitioners and district nursing teams.
- This is the support that care home residents should have (figure below:)
- The four key pillars of care are: prevention; anticipatory approach; urgent and emergency care; palliative and end of life care.
- I believe the framework enhances the lives of people who reside in care homes enabling them to live the best lives possible with access to the care they need when they need it.
- Read more about it here:

<https://tinyurl.com/2p7w2wau>



2. CNO Session

[Anne Armstrong, Deputy Chief Nursing Officer Designate, Scotland \(recorded message\)](#)

- Anne answering the question what motivates her: The key for me is creating conditions that make a difference, making best practice a reality. It's thinking how that will be implemented. As I go around the country I see lots of great examples of people making a difference, it might be very small things that we do, but through that we really connect with people and make a difference and that's what keeps me motivated.
- **All CNOs answered the question about what keeps them awake at night or what motivates them:**
 - **Sue:** 'Workforce keeps me awake. We have a global workforce shortage. The change needs to be radical, from the way in which we train, to the models of care we're delivering. I think we are focused on it, but I'm not sure if it's enough.'
 - **Acosia:** 'It's similar to Sue. But for me there's something about striking a balance between the challenges as a professional and the things we do well. We need to remember to look at all the good things and the important messages about why nursing is a great thing to do. It's valuing, educating and inspiring career development within primary care settings.'
 - **Sonia:** 'The one thing that inspired me was working through the pandemic and the commitment of our workforce was remarkable. We need to build on nursing and promote it as the great career pathway that it is.'
 - **Sue:** I didn't come into nursing from a bad experience but from a great one. When my son was 2 he was very very ill but the nurses were incredible, they shaped my love of nursing, they looked after him and gave us all hope and he's fine now, they are the reason.



3. Community Nursing Research: Optimising International Collaboration

Sally Kendall MBE, Professor of Community Nursing and Public Health Centre for Health Services Studies, University of Kent; Professor Gina Higginbottom MBE, Emeritus Professor of Ethnicity and Community Health, School of Health Sciences, University of Nottingham; Rosamund Bryar, Emeritus Professor, School of Health and Psychological Sciences, City University of London

- The International Collaboration for Community Health Nursing Research (ICCHNR) is a charity that was created 30 years ago and supports community nurses worldwide through its international network of nurse researchers, international conferences, fund raising activities and scholarships for community health care nursing research in low and middle income countries, to advance and share knowledge of evidence-based practice for community health care nursing which ultimately will benefit the public.
- We have members in 193 countries around the world
- Our scholarships enable community nurse researchers to be part of the ICCHNR from all over the world
- Our common endeavour is to improve the health and wellbeing of communities that we work with, and we invite people to come and talk about their perspectives.



3. Community Nursing Research: Optimising International Collaboration

- We're fortunate in the UK with the positions of nurses here, there are many countries in the world and in Europe where nurses are not in such a fortunate position and that's where the ICCHNR works, supporting their voice as a scholar.
- We hope to have our next conference in London in 2025, look out for more information.
- Find out more and join us here: <https://www.icchnr.org/about-icchnr/>



INTERNATIONAL COLLABORATION FOR
COMMUNITY HEALTH NURSING RESEARCH

**Next international
conference?**

**2025 To be
announced**

- **Join ICCHNR!**
- **A global network for
community nursing
research**

www.icchnr.org

4. Growing Research in the Community

Ben Bowers, QN, Community Nursing Research Consultant, The QNI

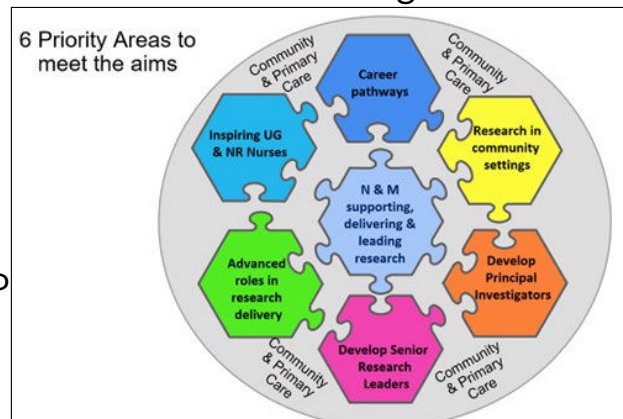
- Nurse-led research is vital to generate high-quality evidence that answers priority research questions for patients, families and practitioners. The evidence to inform community-based nursing care remains underdeveloped with a reliance on hospital based research and community and primary care nurses remain under-represented groups
- Nurses in community settings have had limited opportunities to pursue research as part of their careers
- The lack of research exposure, role models and mentorship in research means nurses can lack the confidence and experience to get involved
- We had an idea to help and created the Community Nursing Research Forum: a UK-wide inclusive forum for all community-based nurses to learn about and share research, access peer support, network and collaborate and build community nurse-led research activity
- It's really important that we help people feel they have a network of like-minded peers across settings to tap into
- There are over 650 members currently
- We offer themed research events; Bitesize Masterclasses, Advertising research studies and opportunities to members, Monthly newsletters, we have a mentorship scheme and a Members' virtual space
- Let's make research everybody's business!
- Find out more and join us here: <https://tinyurl.com/bdh8y5h8>



4. Growing Research in the Community

Professor Ruth Endacott, Director of Nursing & Midwifery, National Institute for Health and Care Research (NIHR)

- The National Institute for Health and Care Research is the government's major funder of clinical, public health, social care and translational research. It has a budget of £30,000,000 per year for 5 years.
- The aims for 2023/24 are to ensure nurses and midwives who support, deliver or lead research are equally valued and can develop, and work to, their potential and develop pipelines of research engaged nurses and midwives, supporting, delivering and leading research
- We want to develop map of career options to support movement between supporting, delivering and leading research; deliver a Principal Investigator Pipeline Programme for Nurses & Midwives; promote opportunities for Advanced Clinical Practitioners to use their full range of skills in research delivery roles
- Promote research nursing and midwifery as a career with undergraduate students and nurses and midwives at all levels in their career.
- We want to highlight practice fellowships, previously aimed at GPs and dentists that are now open to to anyone in GP practices as a regulated healthcare professional, so practice nurses, pharmacists working in GP practices, all these can apply for funding.
- Find out more: <https://www.nihr.ac.uk/>



4. Growing Research in the Community

Pretty Manyimo, Specialist Palliative Nurse, Leicestershire Partnership Trust

- I hope my presentation will inspire someone to get into research
- I grew up in Zimbabwe, my father was a teacher and I was the 9th of 14 in a polygamous family. My dad encouraged education, he believed education was the key to life so he encouraged us to take opportunities and learn and improve our lives.
- I came to the UK 21 years ago and my first job was a housekeeper in a hospital. One day I was cleaning the floor and a visitor asked me for directions, I signposted them to the nurse's station, saying that I was 'only a cleaner' but the nurse overheard me and was amazed, she said, 'JUST a cleaner?! Why would you demean yourself?!' I decided to train as a nurse in 2009 and while training was diagnosed with dyslexia. I was given support throughout my studies. I qualified in 2012 as an adult nurse, I worked 1 year in hospital and then moved to community, where I've been ever since.
- I took a BSc adult nursing and then studied for an MSc in social care, whilst I was working full time.
- As I was doing graduate studies, I joined professional social media groups and developed an interest in reading community nursing research journals.
- I published my first research paper in 2019, 'End of Life Care in the Patient's Home: an exploration of experiences of nursing staff caring for patients from the diverse ethnic minority background' with Kay De Vries.








4. Growing Research in the Community

Pretty Manyimo, Specialist Palliative Nurse, Leicestershire Partnership Trust

- My role models - I call them my research giants! (see below)
- I really recommend people join the QNI's Community Nursing Research Forum which has been so helpful to me
- I have learnt I can contribute to equitable healthcare, my employability has raised, it has improved my confidence and raised my self-esteem and it is a step into advancing academia
- All you need is support and passion
- 3 years ago I couldn't speak in front of a large audience, but now I can !
- As Maya Angelou said, 'Do the best you can until you know better. Then, when you know better, do better.'

STANDING ON THE SHOULDERS OF THE GIANTS

Role played	My Giants
 Clinical Academic Mentor-LPT	• Claire Armitage
 Academic coach -LPT	• Susan Corr and Lizelle Benhardt
 Clinical Academic role-model (End-of-life care nurse researcher).	• Ben Bowers
 Research Forums	• Queens Nursing Institute Research Forum and Leicester Clinical Academic Network
 Academic mentor-QNI	• Joseph Manning

COMMENTS

A selection from today's 624 delegates:

Fabulous day
thank you.
Refreshing and
inspiring

Thank you,
very
interesting day

Thank you for an
amazing day

Thank you so much
everyone. I enjoyed this.
Thank you Crystal and
the team.

Thank you everybody
for a brilliant first day,
looking forward to
tomorrow

Thank you to all speakers and QNI
Team for an awe inspiring first day of
the conference

Thank you for a really
interesting and inspiring
first day. Looking
forward to tomorrow.

Thank you! I have
really enjoyed hearing
the speakers this
afternoon - very
inspiring!!

Fantastic
so inspiring

Thank you everyone,
very inspiring day x

Amazing and inspirational.

Thank you for attending Day 1 of our #QNI2023 conference!

We look forward to seeing you tomorrow for Day 2, where the theme will be Workforce Development .



Please consider donating to the QNI so that we can continue to deliver free conferences like this one.

Scan the QR code to find out more. Thank you!

