

**Community Nursing Innovation Programme
Diabetes Projects 2024**

| Title and main aims | Project lead | Location |
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| <p>Diabetes Action Learning Sets for Social Care Nurses</p> <p>The overall aim of the project is to enhance diabetes care in residential settings by upskilling further our social care nursing colleagues. We will develop their confidence in recognising the need for further care interventions. We will also consider how to support them to work more closely with health care colleagues to optimise the care and experience for the residents.</p> | Sharon Lee, Anne Goodchild | Kent |
| <p>Growing Up Sweet</p> <p>A new two-day education course for young adolescent Type 1 diabetic patients from 16 to 19 years old, incorporating principles already taught on DAFNE and Sweet 1 CPD accredited carbohydrate counting courses. Currently, young Type 1 patients are transferred over to Adult Community Services with very little knowledge on Carb counting principles using insulins. Education on this subject is given mainly to the parents. Often these skills are not passed on by the parent to the child. Either they have never fully understood the principles themselves or get forgotten over time.</p> | Claire Vine, Laurence Chester | Essex |
| <p>Improving Professional standards of community diabetes care through an integrated approach</p> | Wallis MacDonald, Jackie McNicholas | Surrey |

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| <p>A nurse led project to ensure all people in our Primary Care Network receive the same standard of Diabetes care, to help reduce secondary complications. Inequality for housebound patients currently exists and we want to reduce this inequality. This will help contribute to an integrated approach working alongside Primary care. This will result in a better patient experience with a workforce equipped to identify diabetes complications earlier.</p> | | |
| <p>Not just a blood sugar; stronger together</p> <p>Address and improve the physical and emotional needs of people living with diabetes, through peer support, to relieve anxiety and distress, overcome milder forms of depression, and reduce social isolation. Help individuals develop the skills and confidence to manage diabetes, and cope with the challenges of daily decision-making, leading to positive outcomes for the individual, including improved feelings of well-being, coping skills, knowledge, and quality of life, reducing anxiety. Help to prevent the development or exacerbation of psychological needs, reducing the need for specialist psychological services, and leading to improved physical and mental health.</p> | Louise Whittaker | Herefordshire |
| <p>Diabetes Inclusion Project</p> <p>The aim of the project is to increase the knowledge base of support staff, hostel workers, voluntary/local/charity organisations around diabetes; its aetiology, complications, treatment and patient care pathway. The 'diabetes champions' attending the training, alongside expert patients, will help diabetic service users access appropriate care. The number of clients accessing annual reviews will increase, as will knowledge and the ability to self-care. Positive and negative findings from the champions work will be fed back to inform future service provision within primary care.</p> | Kirsten Roberts, Rosa Carter, Jayne Bennet | Bristol |
| <p>Diabetes Community Outreach</p> <p>The aim of the project is to take a team into the local Mosques to health screen individuals who may be undiagnosed patients with diabetes (PWD). The project will offer both education on healthy lifestyle choices and point of care testing (POCT) for individuals who are at risk of diabetes. The health screening aims to identify undiagnosed PWD who will be signposted to their respective General Practice. BP and manual pulse check will be part of the screening process, so patients who are undiagnosed hypertensive or who exhibit atrial fibrillation will also be identified.</p> | Caroline Ashwood | Swansea |

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| <p>Diabetes Care for people with Diabetes who are housebound or live in a nursing home</p> <p>This project will support the Primary Care Network (PCN) to develop a 'Diabetes Support Team' to enable timely access to diabetes care, focusing on the elderly and frail population living in care/nursing homes, or registered as housebound. This group of people with Diabetes are often underserved. This project will support our continued plans to recover and improve the recovery in diabetes care. This will enable collaborative, coordinated, and effective patient-centred care resulting in reduced health inequalities, risk of complications and hospital admissions. It will ensure Diabetes care is accessible to everyone living with Diabetes.</p> | Claire Bolton | Cornwall |
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