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Nursing Long COVID

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Resource Pack

To accompany the Nursing Long COVID General, Breathlessness and Fatigue, Brain fog and Sleep Pathways

This is a selection of resources to accompany the three Nursing Long COVID pathways. Initially visit - https://www.england.nhs.uk/coronavirus/post-covid-syndrome-long-covid/ for context and an introduction.

Current Pathways & Guidelines

NHS England Long COVID Plan - https://www.england.nhs.uk/coronavirus/documents/longcovid-the-nhs-plan-for-2021-22/

NHS England Long COVID Enhanced Service Specification https://www.england.nhs.uk/publication/enhanced-service-specification-long-covid-2021-22/

Royal College of General Practitioners https://elearning.rcqp.org.uk/mod/page/view.php?id=11512

Queen's Nursing Institute - https://www.qni.org.uk/wp-content/uploads/2020/12/Living-with- Covid-19-Community-and-Primary-Care-Nursing-Resource.pdf

https://gni.org.uk/caring-for-people-with-long-covid/

National Institute for Health and Care Research -

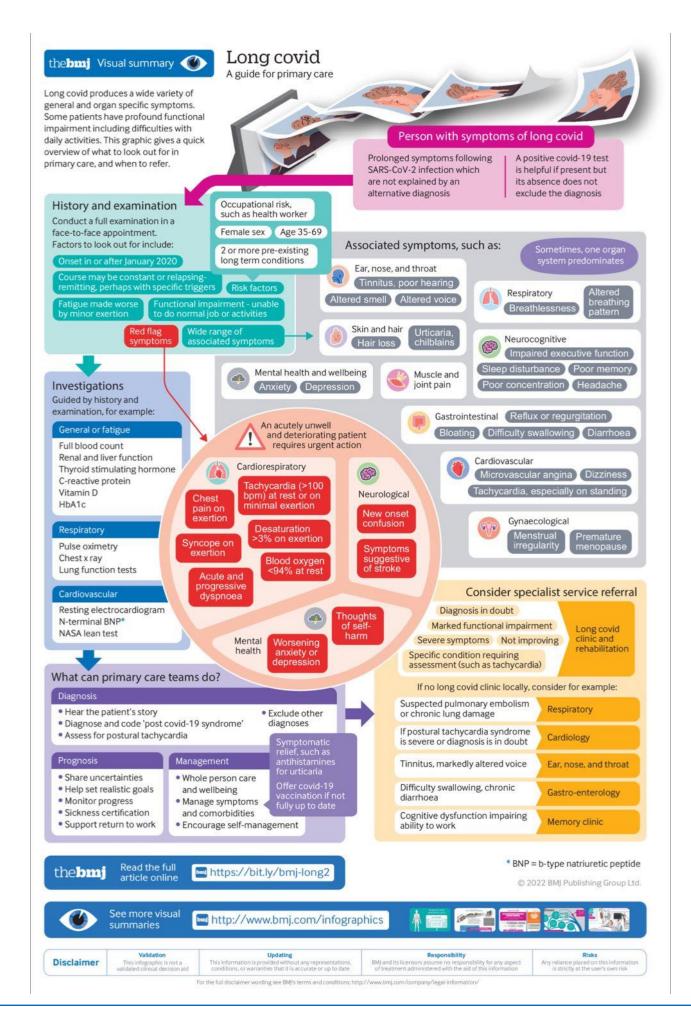
https://evidence.nihr.ac.uk/themedreview/researching-long-covid-addressing-a-new-globalhealth-challenge/

Patient Apps that support Long COVID management

NHS Better Health - https://www.nhs.uk/better-health/ Your Long COVID Recovery - https://www.yourcovidrecovery.nhs.uk/app/ Living With - https://livingwith.health/ Elaros (C-19) - https://www.elaros.com/

Other Resources

Long COVID - eLearning for healthcare (e-lfh.org.uk) - https://www.e-Ifh.org.uk/programmes/long-covid/



Academic References (Provided by Keele University School

of Nursing and Midwifery & Health Library)

Evidence paper can be accessed at: https://bit.ly/nhs_nlc_evidence (Registration to FutureNHS required)

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Nursing Long COVID Stakeholders

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Clinical Advice & Pathway Guidance - Dr Steven Laitner, General Practitioner

Pilot Sites -

NHS Kent & Medway ICB York & Scarborough Teaching Hospitals NHS Foundation Trust Suffolk and North-East Essex ICB Airedale NHS Foundation Trust Lancashire and South Cumbria ICB

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This publication can be made available in a number of alternative formats on request.